

**Center Focused Therapy**

# **Therapy for Therapists**

**Thursdays 6:00-7:30pm**

A space to deepen understanding and awareness of relational patterns and emotions. Group will provide opportunities for connection and fostering greater insight through feedback.

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Weekly, virtual sessions  
BCBS PPO, Aetna, United, & Self-Pay  
(\$50 per session)

**If interested, please contact:**



Sarah Khazoum, Psy.D.



Kanchan Parkash, Psy.D.

skhazoum@centerfocusedtherapy.com &  
kparkash@centerfocusedtherapy.com