



Post-Doctoral Fellowship 2023-2024

Overview

Center Focused Therapy (CFT) is a group psychotherapy practice located in downtown Chicago dedicated to providing the highest level of intentional, compassionate, and informed care for our diverse client population. CFT is seeking post-doctoral fellows who are committed to providing affirmative mental health care and pursuing their own clinical, personal, and professional growth.

The goal of the post-doctoral position is to prepare early-career clinicians for independent practice in group- and private-practice settings. We seek to balance a deep commitment to training and the provision of support with fostering post-doctoral fellows' increasing autonomy. The primary foci of the training program are to:

1. Foster fellows' ability to consistently provide intentional, high-quality psychotherapy.
2. Increase trainees' awareness and level of skill in navigating and addressing issues of culture, identity, and the socio-political surroundings within a relational framework.
3. Consistently adhere to the highest ethical standards of our field.
4. Support fellows in their professional development, including fostering the development of trainees' specific areas of interest and emerging expertise, as well as marketing and other skills necessary to maintaining a successful independent practice.

As one of Chicago's leading experts in diversity training, CFT provides opportunities for fellows to engage in community consultation and provide individual, couples, and group services to a wide range of populations. Fellows will receive one hour of weekly individual supervision with a licensed clinical psychologist, biweekly professional development group supervision, regular didactic trainings, and opportunities to network with other professionals. Given our commitment to training, supervisors will observe recordings of sessions in order to be best able to provide growth-promoting feedback and support. Generally, our fellows receive feedback from supervisors, as well as other members of the Leadership team, in order to help them develop professionally. Supervisors represent a broad range of theoretical orientations and will individualize supervision to meet fellows' training goals and developmental needs.

We believe in the value of community and are dedicated to building a collaborative and diverse team that upholds the values of social justice and cultural humility. We believe in enacting the values we hold, not only with clients but also amongst ourselves, and find that we all gain from the opportunities for continued growth and mutual support offered by fostering a community based on respect, transparency, authenticity, and trust. Our team meets monthly, currently socially distanced or virtually, for team building and social activities. Retreats are held twice a year to allow for time with each other as a team. This focus on relationship-building within the practice sets us apart from other group practices and is a central mission of the practice.

The ideal candidate is self-motivated, dedicated to providing services to historically marginalized populations, self-reflective, open to feedback, and desires to be a long-term member of the team.

For more information about CFT, please visit our website:

<https://www.centerfocusedtherapy.com>



CENTER FOCUSED THERAPY

Responsibilities

*See an average of 20-25 individual or couples' clients/week, including one psychotherapy group.

*Expected to be working 4 days/week, including two days remote.

*Expected to work some weeknights given client needs. May be asked to work one weekend day on a weekly basis.

Benefits and Compensation

This is a full time, W-2 employee position. Benefits and compensation will be determined once an offer is extended and be highly competitive to post-doctoral fellowships within a private practice setting in the Chicago land area. Paid Time off is up to 40 hours/year, 20 hours can rollover to subsequent year. Insurance benefits after reaching a full caseload and 401k available.

Minimum Qualifications

Ph.D. or Psy.D. in Psychology from an APA-accredited doctoral program and completion of an APA-accredited internship. By the start of the Fellowship, all degree requirements must be completed, including doctoral internship and dissertation. College counseling experience preferred.

Start Date

Roughly August 22, 2023 – October 21, 2024 (exact dates determined once offer is extended)

Application Process

Please send the following in ONE email to info@centerfocusedtherapy.com:

- 1). Cover Letter indicating reasons you are interested in being with Center Focused Therapy, your goals for the Post-doctoral Fellowship, and the date you expect to complete all the requirements for your doctoral program, including your internship, dissertation, and doctoral degree.
- 2). Curriculum Vita.
- 3). Two letters of recommendation written by people who directly supervised your clinical work.

Please note that your application will not be reviewed until all documents are received. In the subject line of your email, please state "Post doctoral Fellowship, your last name, your first name."

We will stop receiving applications on December 31, 2022 as we plan to begin interviewing in January 2023.

If you have questions about the Fellowship, please contact Anmol Satiani, Ph.D. at drsatiani@centerfocusedtherapy.com