

CENTER FOCUSED THERAPY

South Asian Womxn's Group

- Deepen self-awareness
- Develop insights into how you relate to others
- Share experiences in a confidential and brave space
- Build a sense of community

Begins November 14th
Sundays: 1pm-2:30pm

Open to womxn 18+ and physically residing
in IL

BCBS PPO and self-pay (\$50/session)

If interested, please contact:

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