

Center Focused Therapy

Women's Group

Thursdays 5:00-6:30pm

A space to deepen understanding and awareness of relational patterns and emotions. Group will provide opportunities for connection and fostering greater insight through feedback. All women welcome!

Weekly, virtual sessions
BCBS PPO, Aetna, United, PSYPACT &
Self-Pay (\$50 per session)

If interested, please contact:



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