

CENTER FOCUSED THERAPY

# LGBTQIA+ GROUP

**TUESDAYS 5:00 PM - 6:30 PM**

An inclusive space fostering **connection** between LGBTQIA+ folx to process interpersonal, family, and emotional experiences.

This group will provide a non-judgmental, confidential space to gain understanding of interpersonal dynamics, improve self-esteem and self-worth, and explore new ways of interacting, navigating, and relating to the ever-changing world around us.

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Weekly, virtual sessions

BCBS PPO, Aetna, United, CampusCare & Self-Pay  
(\$50 per session)

**If interested, please contact:**



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